



Barnet Community Response Fund

In challenging times, it is important that we come together. Barnet Together, a partnership of three charities operating within the London Borough of Barnet, are doing just that. Together, we have launched Barnet Community Response Fund. 100% of funding raised will go to groups operating on the ground, who desperately need funding to continue to do what they do, their contribution is vital during this crisis.

You can support these efforts by taking part in **The 2.6 Challenge**, a nationwide virtual challenge event taking place on Sunday 26 April. All funds raised through us, will go into the Community Response Fund. This is your chance to be a **BARNET Home Hero!**

How do I get involved? You do not need to be a runner to take part, there are challenges to suit all ages and abilities. Just think of an activity-based around the numbers 26 or 2.6 and complete it on or around Sunday 26 April. So, anything goes, as long as there is a 26 or 2.6 in there somewhere; you could run 2.6 kilometres, complete 26-star jumps, or do a workout in 26 minutes.



Why BARNET's Community Response Fund? This is a tough time for everyone, but some, more than most. Together, we are all working hard to ensure that we do everything we can to support the most vulnerable residents of BARNET, supporting our foodbanks and wider services but we need your help! Right now, we want to enable our smaller local groups to respond to meet local need, so now is the time to support our local charities so that they can support our local community, so now is the time to **support our local charities so that they can support our local community.**
Let's go.....

- Help us to inspire the nation by sharing pictures or videos of your challenge on social media, using the official hashtag **#TwoPointSixChallenge** and our local ones - **#BarnetTogether #BarnetHomeHero** to be part of the campaign.
- Once you've completed your challenge, why not nominate someone else to take on **The 2.6 Challenge?**
- For more details visit [here](#).
- **Remember all funds donated through this campaign will go to Barnet Community Response Fund!**

Now it's up to you...

1. Dream up your **2.6 challenge** – if you need help there are lots of ideas [here](#)
2. Donate £26, or whatever you can afford to by selecting **Inclusion Barnet* as your charity** [here](#)
3. or to set your own fundraising page for **Inclusion Barnet* as your charity** [here](#)
4. Ask all your friends and family to sponsor you and challenge them to do their own 2.6 Challenge
5. Complete your challenge
6. Get your Business, Organisation, friends, and family involved to support our local Community
7. Alternately you can donate directly to the fund [here](#)



#TwoPointSixChallenge #BarnetTogether #BarnetHomeHero



Inclusion Barnet is fundraising on behalf of the partnership Barnet Together to support our joint Community Response Fund, all monies raised through this campaign is for the Barnet Community Response Fund. Barnet Together is a partnership between Inclusion Barnet, Volunteering Barnet, and the Young Barnet Foundation.

26 ways to be a home hero

#TwoPointSixChallenge

Shoot 26 basketball or netball hoops

Get 26 pals together for an online workout

Bike ride for 2.6 or 26 miles

Run 2.6 miles or for 26 minutes (indoors, outdoors or on the spot)



Run 2.6 miles or for 26 minutes (indoors, outdoors or on the spot)

Challenge yourself to 26 press-ups

Do 26 football keepie uppies or headers

Do 26 step-ups



Jump 26 times on a trampoline

Skip for 2.6 minutes without any mistakes

Try out 26 sofa-tricep dips

Jump 26 times on a trampoline

Walk up and down the stairs 26 times

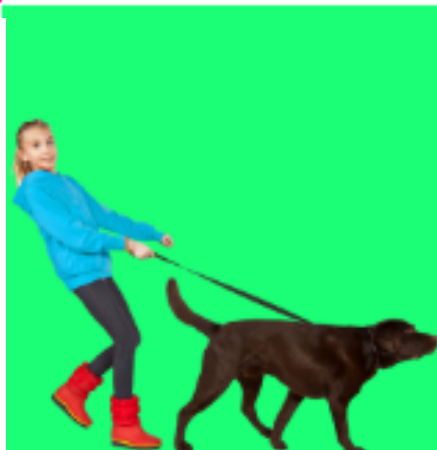


Walk 2.6km around your house in fancy dress - that's 3,412 steps!

Stretch with 26 minutes of Pilates or yoga

Pogo for 2.6 minutes without stopping

Complete 26 laps of the garden on foot, running, cycling, on your scooter or on roller skates



Throw and catch a ball 26 times

Hold the plank for 26 seconds or 2.6 minutes (156 seconds!)

Run up and down your street 26 times

Do 26-star jumps

Throw and catch a ball 26 times



Take your dog for a 26-minute walk

Hop on each leg 26 times

Juggle for 26 minutes or just 2.6 minutes

Complete 26 shoulder shrugs

